What is claimed is:

1. A slider comprising:

a slider body;

first and second rails extending in a longitudinal direction along the slider body where the leading edges of said rails are spaced from a leading edge of the slider body;

a first structure having a first depth and extending from a leading edge of the body to leading edges of the first and second rails and between the first and second rails;

a second structure having a second depth disposed adjacent to said first structure and between said first and second rails, said second depth being lower than said first depth; and

wherein said first structure extends over one-third of a length of the slider body from the leading edge of the slider body.

2. The slider of claim 1 further comprising:

a compression pad disposed proximately to a trailing edge of said slider body.

3. The slider of claim 2 wherein said compression pad has a height that is the same as a height of said first and second rails.

4. The slider of claim 3 wherein said compression pad includes a third structure having a third depth.

5. The slider of claim 4 wherein said third depth is the same as the first depth.

6. A slider comprising:

a slider body;

first and second rails extending in a longitudinal direction along the slider body;

a first structure having a first height and extending from a leading edge of the body and between the first and second rails;

a second structure having a second height disposed adjacent to said first structure and between said first and second rails, said second height being lower than said first height; and

wherein said first structure extends over one-third of a length of the slider body from the leading edge of the slider body.

7. The slider of claim 6 further comprising:

a compression pad disposed proximately to a trailing edge of said slider body.

8. The slider of claim 7 wherein said compression pad has a height that is the same as a height of said first and second rails.

9. The slider of claim 8 wherein said compression pad includes a third structure having a third depth.

10. The slider of claim 9 wherein said third depth is the same as the first depth.

11. A head suspension assembly comprising:

a flexure; and

a slider coupled to said flexure, said slider including

a slider body;

first and second rails extending in a longitudinal direction along the slider body where the leading edges of said rails are spaced from a leading edge of the slider body;

a first structure having a first depth and extending from a leading edge of the body to leading edges of the first and second rails and between the first and second rails;

a second structure having a second depth disposed adjacent to said first structure and between said first and second rails, said second depth being lower than said first depth; and

wherein said first structure extends over one-third of a length of the slider body from the leading edge of the slider body.

12. The head suspension assembly of claim 11 further comprising:

a compression pad disposed proximately to a trailing edge of said slider body.

13. The head suspension assembly of claim 12 wherein said compression pad has a height that is the same as a height of said first and second rails.

14. The head suspension assembly of claim 13 wherein said compression pad includes a third structure having a third depth.

15. The head suspension assembly of claim 14 wherein said third depth is the same as the first depth.

16. A head suspension assembly comprising:

a flexure;

a slider coupled to said flexure, said slider including

a slider body;

first and second rails extending in a longitudinal direction along the slider body;

a first structure having a first height and extending from a leading edge of the body and between the first and second rails;

a second structure having a second height disposed adjacent to said first structure and between said first and second rails, said second height being lower than said first height; and

wherein said first structure extends over one-third of a length of the slider body from the leading edge of the slider body.

17. The head suspension assembly of claim 16 further comprising:

a compression pad disposed proximately to a trailing edge of said slider body.

18. The head suspension assembly of claim 17 wherein said compression pad has a height that is the same as a height of said first and second rails.

19. The head suspension assembly of claim 18 wherein said compression pad includes a third structure having a third depth.

20. The head suspension assembly of claim 19 wherein said third depth is the same as the first depth.

21. A disk drive comprising:

a recording medium adapted to be rotated at a given velocity;

a flexure;

a slider coupled to said flexure and adapted to fly above said recording medium when rotated, the slider including

a slider body;

first and second rails extending in a longitudinal direction along the slider body where the leading edges of said rails are spaced from a leading edge of the slider body;

a first structure having a first depth and extending from a leading edge of the body to leading edges of the first and second rails and between the first and second rails;

a second structure having a second depth disposed adjacent to said first structure and between said first and second rails, said second depth being lower than said first depth; and

wherein said first structure extends over one-third of a length of the slider body from the leading edge of the slider body.

22. The disk drive of claim 21 further comprising:

a compression pad disposed proximately to a trailing edge of said slider body.

23. The disk drive of claim 22 wherein said compression pad has a height that is the same as a height of said first and second rails.

24. The disk drive of claim 23 wherein said compression pad includes a third structure having a third depth.

25. The disk drive of claim 24 wherein said third depth is the same as the first depth.

26. A disk drive comprising:

a recording medium adapted to be rotated at a given velocity;

a flexure;

a slider coupled to said flexure and adapted to fly above said recording medium when rotated, the slider including

a slider body;

first and second rails extending in a longitudinal direction along the slider body;

a first structure having a first height and extending from a leading edge of the body and between the first and second rails;

a second structure having a second height disposed adjacent to said first structure and between said first and second rails, said second height being lower than said first height; and

wherein said first structure extends over one-third of a length of the slider body from the leading edge of the slider body.

27. The disk drive of claim 26 further comprising:

a compression pad disposed proximately to a trailing edge of said slider body.

28. The slider of claim 27 wherein said compression pad has a height that is the same as a height of said first and second rails.

29. The disk drive of claim 28 wherein said compression pad includes a third structure having a third depth.

30. The disk drive of claim 29 wherein said third depth is the same as the first depth.